



UIPM
BIATHLE - TRIATHLE - LASER RUN
World Championships
Mossel Bay, SOUTH AFRICA 2025

Dear Friends,

The UIPM – Union Internationale de Pentathlon Moderne, together with the South African Modern Pentathlon Federation (SAMPFA), has the pleasure of inviting a delegation of your country to participate in the **UIPM 2025 Biathle, Triathle and Laser Run World Championships** to be held in Mossel Bay, South Africa, from 8 - 13 December 2025 according to the following program:

6 Dec	Arrival of Delegations		
7 Dec	10:00-18:00	Accreditation at the LOC Office	Mossel Bay Blue Room
	14:00	Opening Ceremony	Santos Beach
	16:00	Technical Meeting for Biathle	Mossel Bay Blue Room
8 Dec	Biathle Individual Semi-finals and Mixed Relays		
	07:00	Start of Biathle Individual Semi-Finals	Santos Beach
	14:00	Start of Biathle Mixed Relays	
	19:00	Technical Meeting for Para Biathle	Mossel Bay Blue Room
9 Dec	Biathle Individual finals and Para Biathle		
	07:00	Start of Para Biathle Finals	Santos Beach
	07:30	Start of Biathle Individual Finals	
	19:00	Technical Meeting for Triathle	Mossel Bay Blue Room
10 Dec	Triathle Semi-finals and Mixed Relays		
	07:00	Start of Triathle Individual Semi-Finals	Santos Beach
	10/12 & 14/17	Laser Run Accreditation at the LOC Office	Mossel Bay Blue Room
	14:00	Start of Triathle Mixed Relays	
	19:00	Technical Meeting for Para Triathle	Mossel Bay Blue Room
11 Dec	Triathle Individual finals and Para Triathle		
	07:00	Start of Para Triathle Finals	Santos Beach
	07:30	Start of Triathle Individual Finals	
	14:00-18:00	Laser Run Accreditation at the LOC Office	Mossel Bay Blue Room
	19:00	Technical Meeting for Laser Run	Mossel Bay Blue Room
12 Dec	Laser Run Individual Semi Finals and Mixed Relays		
	07:00	Start of Laser Run Semi-Finals	Santos Beach
	14:00	Start of Laser Run Mixed Relays	
	19:00	Technical Meeting for Para Laser Run	Mossel Bay Blue Room
13 Dec	Laser Run - Finals and Para Laser		
	07:00	Start of Para Laser Run Finals	Santos Beach
	07:30	Start of Laser Run Individual Finals	
	19:00	Closing ceremony	TBC
14 Dec	Departure of Delegations		
Please note: Detailed times to be confirmed at later stage			

TECHNICAL MEETINGS:

7th December: Biathlon Mixed Relay + Semi-Finals + Finals

8th December: Para Biathlon

9th December: Triathlon Mixed Relay + Semi-Finals + Finals

10th December: Para Triathlon

11th December: Laser Run Mixed Relay + Semi-Finals + Finals

12th December: Para Laser Run

COMPETITION FORMAT/RULES

The competition will be carried out according to the UIPM Rules and Regulations.

Swimming: Open water Santos Beach, Mossel Bay, South Africa

Shooting: 36+2 shooting range with laser targets (EcoAims LTS600PRO)

Running: Mixed Surface - Beach sand and hard surfaces

NOTES

- There will be qualification rounds depending on the number of registered athletes in each age category.
- Biathlon / Triathlon and Laser Run: If qualification rounds are required for any age category, the heats will happen on the Mixed Relay days with the finals on the days to follow.
- Categories and distances will follow **UIPM rules**:
 - UIPM Laser Run Competition guidelines
 - UIPM Biathlon / Triathlon Competition rules
 - UIPM Para sports classification process
- Delegations can enter an unlimited number of athletes in the individual events.
- Delegations can enter an unlimited number of teams in the mixed relay, however, only the best team per nation will be awarded a medal.
- The access to the competition will be strictly regulated by the accreditation system, including the access for coaches to the warmup zone. NFs can register in the Portal with only 1 coach for every 5 athletes (e.g., NF with 5 athletes = 1 coach accredited; NF with 6 athletes = 2 coaches accredited).

COMPETITION VENUE

SANTOS BEACH

The access to the FOP will be **strictly** regulated by the accreditation system, including the access for coaches to the warmup zone. The Accreditation Centre will be located at the competition venue.

Address: Santos Beach, Mossel Bay, South Africa / [Google Maps pin](#)

GPS Coordinates: 34.1777° S, 22.1374° E

Web: <https://visitMossel Bay.co.za/>

COMPETITION APPAREL

- **Biathlon and Triathlon**

Biathlon / Triathlon clothing regulations:

- **Apparel may be either one piece or two-piece.**
- **The upper body will be covered at all times.**
- **The nationality of the athlete must be identified on the suit (Either name of the country in full or 3-letters country code).**
- **No footwear may be worn during the swimming**
- **Footwear Is compulsory during the running**
- **Athletes participating in UIPM BT and Triathlon competitions and representing the same NF must wear the same style and colours of competitive apparel in order to clearly identify the country which they represent.**

- **Laser Run**

Laser Run clothing regulations:

- **Apparel may be either one piece or two-piece.**
- **Apparel should be made of a material to allow for a "form fitting" appearance.**
- **No unreasonably loose clothing shall be allowed.**
- **The nationality of the athlete must be identified on the suit (Either name of the country in full or 3-letters country code).**
- **Athletes participating in UIPM LR competitions and representing the same NF must wear the same style and colours of competitive apparel in order to clearly identify the country which they represent.**

ACCOMMODATION & TRAVEL

It is the responsibility of all athlete attendees to arrange their own accommodation and transport.

Mossel Bay Is a popular holiday destination in December and we strongly advice anyone planning to stay In Mossel Bay for the Biathlon / Triathlon and Laser Run World Championships to book as soon as possible.

The LOC partnered with the Mossel Bay Tourist department regarding accommodation and transport packages that attendees can opt to book and pay to ensure an excellent experience in South Africa. For more information, please visit www.visitMossel Bay.co.za

Port of entries:

Johannesburg

O.R. Tambo International Airport

The quickest way is to fly from Johannesburg to George Airport (GRJ), located about 40 km from Mossel Bay. Multiple airlines, including FlySafair, CemAir, and Airlink, offer daily flights from O.R. Tambo International Airport. Flight durations are approximately 2 hours.

It is important to note that when flying domestically with laser simulators, **Airlink** is the only airline that will allow for the laser simulator in your checked-In luggage.

George

George Airport

Upon arrival at George Airport, travellers can take a taxi, shuttle, or car rental to Mossel Bay, with the journey taking about 30 to 40 minutes.

Cape Town

Cape Town International Airport

Four options to travel from Cape Town to Mossel Bay:

1. By Air (Fastest Option)

While there are no direct commercial flights from Cape Town to Mossel Bay, travellers can fly to George Airport (GRJ), located about 40 km from Mossel Bay. Flight durations are approximately 1 hour. Upon arrival at George Airport, travellers can take a taxi, shuttle, or car rental to Mossel Bay, with the journey taking about 30 to 40 minutes.

2. By Car (Scenic Route)

Driving from Cape Town to Mossel Bay covers approximately 389 km and takes around 4 hours and 15 minutes without extended stops. This option offers flexibility and the opportunity to explore various attractions along the route, such as Hermanus, and the picturesque towns of the Garden Route.

3. By Private Transfer / Shuttle services (Comfortable Option)

For a more comfortable and personalized experience, travellers can opt for private car or minivan transfers. Services like Citi Shuttles offer door-to-door transfers from Cape Town to Mossel Bay, with travel times around 4 hours.

Please visit <https://visitMossel Bay.co.za/transportation-in-mossel-bay/> for more Information on Private Transfers and Shuttle Services.

4. By LOC Organised Bus services

It Is Important to note that it is recommended for athletes to possibly sleep over in Cape Town for one night before making use of this service as there will be limited space available per trip.

PLEASE NOTE: The LOC will provide more detailed procedures for flying domestically with laser simulators as well as the LOC Organised Bus Service.

FINANCIAL CONDITIONS

National Federations can register their athletes for 6 different events:

1. Biathlon Individuals
2. Triathlon Individuals
3. Biathlon Mixed Relays
4. Triathlon Mixed Relays
5. Laser Run Individuals
6. Laser Run Mixed Relays

Para-Athletes can enter and register for 3 different events

1. Para Biathlon Individuals
2. Para Triathlon Individuals
3. Para Laser Run Individuals

1 Event	90 EUR per person
2 Events	120 EUR per person
3 Events	140 EUR per person
4 Events	160 EUR per person
5 Events	180 EUR per person
6 Events	200 EUR per person

Team Managers / Officials / Coaches	25 EUR per person
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In the limit of 1 for 5 athletes registered, **Team Managers / Officials / Coaches** have to pay a registration fee. Their accreditation will give access to FOP, athlete's area, hydration stations, light refreshments throughout the day as well as access to the closing ceremony.

The registration process should be completed by the National Federation via the UIPM portal before 30 October 2025. The UIPM NF Portal as well as the Open Division link will open when the invitation letter has been sent to all nations.

Payment of the registrations must be made to UIPM before the competition. Teams have 2 choices:

- Pay directly into the UIPM NF Portal by credit card.
- Pay to the UIPM by bank transfer (if you select that option, please get in touch with UIPM at maxime.papillon@pentathlon.org).
- Pay by credit card through a payment link issued by UIPM

Athletes who are not registered by their National/Regional Federations will be able to register for the competition via a link that will be available on the UIPM website homepage. They will be able to compete with all the other athletes.

Closing Ceremony

The closing ceremony will take place at the competition venue and is included in the entry fee. Attendance must please be confirmed when entering for the competition.

Tickets available for family and friends at 15 EUR per person to be confirmed and paid by closing date of registration.

PARA ATHLETES

Athlete classification will take place at the competition venue

6 Dec	Arrival of Delegations		
7 Dec	10:00-18:00	Accreditation at the LOC Office	Mossel Bay Blue Room
8 Dec	Para-Biathle Athletes		
	09:00-15:00	Para Biathle Athlete Classification	Venue TBC
	19:00	Technical Meeting for Para Biathle	Mossel Bay Blue Room
9 Dec	Para Biathle Individual Finals		
	07:00	Start of Para Biathle Finals	Santos Beach
10 Dec	Para-Triathle Athletes		
	09:00-15:00	Para Triathle Athlete Classification	Venue TBC
	10:00-12:00	Laser Run Accreditation at the LOC Office	Mossel Bay Blue Room
	14:00-17:00	Laser Run Accreditation at the LOC Office	
	19:00	Technical Meeting for Para Triathle	Mossel Bay Blue Room
11 Dec	Para Triathle Individual Finals		
	07:00	Start of Para Triathle Finals	Santos Beach
	14:00-18:00	Laser Run Accreditation at the LOC Office	Mossel Bay Blue Room
12 Dec	Para-Laser Run Athletes		
	09:00-15:00	Para Laser Run Athlete Classification	Venue TBC
	19:00	Technical Meeting for Para Laser Run	Mossel Bay Blue Room
13 Dec	Para Laser Run Individual Finals		
	07:00	Start of Para Laser Run Finals	Santos Beach
	19:00	Closing ceremony	TBC
14 Dec	Departure of Delegations		
Please note: Detailed times to be confirmed at later stage			

DEADLINES

Delegations are kindly reminded that the UIPM Online registration system is obligatory. The online system will be open from 15 June 2025. All registrations must be done in the UIPM NF Portal by 30th October 2025 but please register as soon as possible to support with planning of the event. Any changes after this must be sent by email to the UIPM (maxime.papillon@pentathlon.org).

Deadlines are as follows

Opening of registration:	15 July 2025
Closure of registration:	30 October 2025

If complete information about your delegation or payment confirmation is not received prior to the closure of the registration system, your delegation will be considered as non-participating.

AWARDS

Gold, Silver and Bronze medals will be given in all age groups of individuals, team ranking & mixed relay. Gold medallists in all age groups of the BTWCH and LRWCH and of both genders will receive the title "UIPM Biathle World Champion", "UIPM Triathle World Champion" and / or "UIPM Laser Run World Champion" irrespective of having registered via NF portal or via web link.

ATHLETES LICENSES

Athletes are only allowed to participate in UIPM sanctioned events if they are in possession of a valid Athletes License. Registration is not possible without a License Number. If an athlete does not have a license, they will not be allowed to take part in the competition. You are reminded of Rule 1.12.1 i).

INSURANCE

According to UIPM Rules, all members of attending delegations should insure themselves in case of accidental injury and illness.

Important Notice – Ocean Swim Disclaimer

By entering the event and paying the entry fee, athletes acknowledge and accept that they will be swimming in the ocean at their own risk. While every effort is made to ensure a safe environment, participants are responsible for their own safety in and around the ocean. The organizers, event staff, and affiliates will not accept any financial liability or loss, injury or illness that occurred to any participant and or member of the delegation.

VISAS & VACCINATIONS

Visiting NFs should confirm visa and vaccination requirements for entry into South Africa prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed.

When requesting an Invitation letter from the LOC please ensure to provide the LOC with copies of your Passports and Accommodation details to ensure quick turnaround times.

For information if you need a visa or vaccinations, please contact your nearest Embassy or Consulate. When contacting the LOC please use 2025BTLRWCH@sapentathlon.org.za

GENERAL INFORMATION

- All Participant "athletes, coach or team doctor" are kindly requested to wear their official national uniform at the opening ceremony, during the competition and awards ceremonies
- Only running shoes will be accepted at the awards. No flipflops, Crocs, Birkenstocks, Caps and/or sunglasses will be permitted.
- Please bring a track/recording of your anthem and a national flag (120 x 80 cm).

Expected weather conditions: The average maximum daytime temperature in Mossel Bay in December lies at 23°C (72°F). The average minimum temperature goes down to around 18°C (64°F) (often the minimum temperature is noted at night). There is almost no rainfall in December.

Voltage: 220 V

LASER PISTOLS/SIMULATORS

The use of laser pistols/simulators are permitted in South Africa, with no specific licensing conditions.

Laser Simulators are available to rent from the LOC during the competition for €25 per day.

The South African Modern Pentathlon Association (SAMPA) is in the process of consulting with the Airports Company of South Africa to provide delegations with detailed guidance on the procedures for arrivals and departures procedures at the competition airports (OR Tambo International and Cape Town International). For delegates transferring via another South African airport, please ensure that you confirm carriage of your laser pistol/simulator with the particular airline as their rules and regulations differ.

DATA PROCESSING AND USING

(1) The personal data provided by the participant when registering will be stored and processed only to hold and process the event. This applies in particular to the data required for payment processing. By registering, the participant agrees to the storage of data for these purposes.

(2) By registering, the participant agrees that his or her surname, first name, year of birth, club and national association may be used for the start-lists and results and the photos, film footage and interviews made in connection with his participation in the event are disseminated and published nationally and internationally, in particular on the Internet, without any claim to remuneration.

(3) In the case of multiple registrations, the registrant declares that he/she has informed each of his/her registered athletes of paragraphs (1) and (2) and that he/she and his/her parents (in the case of minors) have agreed to these.

LOC CONTACT DETAILS

Please contact the LOC directly for any inquiries or questions you may have.

SOUTH AFRICAN MODERN PENTATHLON ASSOCIATION (SAMPA)

Address: 58 Dely Road, Waterkloof, Pretoria, 0181

CONTACT DETAILS

Official address Contacts to LOC:

Mobile/WhatsApp: [+2782 457 5208](tel:+27824575208)

Email: 2025BTLRWCH@sapentathlon.org.za

We look forward in welcoming you to the "Iconic" Mossel Bay.

Best regards,



UIPM President
Rob Stull



SAMPA President
Frans Van Niekerk