

# MODERN PENTATHLON

2024 Junior U24, U22, U19

Polish Modern Pentathlon Championships

ZIELONA GÓRA-DRZONKÓW / POLAND



## INVITATION LETTER

Dear Friends,

The Polish Modern Pentathlon Association and the Local Organizing Committee - The Zielonogórski Sport Club Drzonków has the pleasure to invite a delegation of your National Federation or Club to participate in the **2024 Junior (U24, U22, U19) Modern Pentathlon Polish Championships** that is going to be held in Zielona Góra - Drzonków on 30 May to 02 June 2024, according to the following programme:

30.05.2024

- arrival of Delegations,
- technical meeting for junior, U19 (qualifications and final from 36 athletes)

31.05.2024

- men's & women's qualifications

01.06.2024

- men & women final fencing ranking round [36 athletes from qualifications]
- men & women final [36 athletes from qualifications]
- Mixed Relay fencing ranking round

02.06.2024

- Mixed relay final

If the number of entries does not exceed 36 athletes, the Fencing ranking round for men and women will be held on Friday

### Organizers:

- ❑ Polish Modern Pentathlon Association
- ❑ Zielonogórski Sport Club Drzonków



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### Competition format:

Together competition per junior U24, U22 and U19 categories.

- |                                      |                            |           |
|--------------------------------------|----------------------------|-----------|
| <input type="checkbox"/> Juniors U24 | - qualifications and final | men/women |
| <input type="checkbox"/> Juniors U22 | - qualifications and final | men/women |
| <input type="checkbox"/> Under 19    | - qualifications and final | men/women |

The Athlete can be classified in several categories (example: U19 can be classified in junior and U19).

All athletes can take part in the Mixed relay. It is possible to create international relays. All unpaired competitors will be drawn into teams during the mixed relay technical meeting on Saturday after the individual competition.

### Competition rules

The competition will be carried out according to the UIPM Rules & Obstacle discipline competition guidelines

Swimming:

- 25m indoor swimming pool
- 4 lanes

Fencing:

- ranking round, 10 pistes,
- one tournament for all categories

Obstacle discipline:

- indoor (UIPM certified obstacle course)
- 60m obstacle track length
- number of obstacles: 8
- our obstacle course - <https://tiny.pl/d9p41>

Laser Run:

- shooting range: 36+2 precision laser targets
- running course: outdoor (one lap = 600m)
- handicap

### Accreditation Office & Venues

- The Technical Meeting, Accreditation Office and LOC Office, sports facilities, will be located in the WOSiR Drzonków

WOSiR Drzonków , 66-004 Zielona Góra,  
ul. Drzonków-Olimpijska 20



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## Financial

Status	Accreditation fee
Athletes	180 €
Coaches, Officials, Team members	180 €

- The accreditation fee entitles participants to have lunch packets and water/refreshments during the competition
- Delegations must pay an accreditation fee for each participant (athlete, coach or official) to the LOC.
- The total amount due to accreditation fee has to be paid in cash at the desk on arrival, where it will be given an Invoice
- If a bank transfer was made, please have a confirmation of the bank transfer

## Accommodation suggestions

LOC does not mediate hotel reservations. The delegation must take care of the accommodation itself

- WOSiR Drzonków - Sports and Recreation Centre - [www.drzonkow.pl](http://www.drzonkow.pl)

*If you want to be accommodated in WOSiR Drzonków, please contact WOSiR Office on the email address [cok@drzonkow.pl](mailto:cok@drzonkow.pl) . Use PENTATHLON in the message and subject line.*

- **BOOKING.COM** - [link](#)

## Deadlines - We accept only online forms (not e-mail registration)

Delegations are kindly reminded that the online registration system is obligatory. The online system will be open from **20 May 2024**.

Closing the registration - **26 May 2024**

Link to online registration system - <https://forms.gle/wvzhRqVB3buvvw5K7>

## Transport

LOC guarantees transportation from the Railway Station in Zielona Góra. In special cases it is possible to transport from the Berlin/Poznań/Wrocław airports after prior notification and agreement of the financial conditions with the Organizer (LOC). The cost is **450€/bus** (max 8 person) or **400€/car** (max 3 person) / round trip

## Athletes

According to UIPM Rules all members of attending delegations should insure themselves in case of accidental injury or illness. The organizer will not accept any responsibility financially or other, for any loss, injury or illness of any member of the delegation.

Athletes are only allowed to participate in this event if they are in possession of a valid UIPM Athletes License. Registration is not possible without a UIPM License Number. If an athlete does not have a license they will not be allowed to take part in the competition.

## Contact to LOC

Zielonogórski Sport Club Drzonków  
66-004 Zielona Góra, ul. Drzonków-Olimpijska 20  
office phone +48 503 993 961  
e-mail: [pentathlonpl@gmail.com](mailto:pentathlonpl@gmail.com)



Daniel Dalecki:  
mobile phone/Whatsapp +48 606 245 994

We look forward to seeing you in Drzonków in 2024.

Name of the Bank:	PKO BANK POLSKI SA
Bank's address:	ul. Puławska 15, 02-515 Warszawa
Name of the Beneficiary:	Zielonogorski Klub Sportowy
SWIFT:	BPKOPLPW
IBAN (for EURO)	PL13 1020 5402 0000 0702 0527 4537

Best regards,

*Daniel Dalecki*



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