

Fédération Française de Pentathlon Moderne  
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## CONVOCAATION

Nom de l'épreuve	JEUX EUROPEENS
Dates et lieu	Du 22/06 au 02/07/2023 CRACOVIE (POL)



Athlètes Hommes	Club	Athlètes Femmes	Club
Valentin BELAUD	VGA	Rebecca CASTAUDI	NOYON
Ugo FLEUROT	VGA	Elodie CLOUVEL	SAINT ETIENNE
Christopher PATTE	NOYON	Jessye GOMESSE	NOYON
Valentin PRADES	RMA	Marie OTEIZA	RMA

Encadrement	
Jean-Maxence BERROU	EN
Thomas DANGEON	EN
Arnaud COLMARD	Entraîneur Equitation GRP
Marco QUATTRINI	EN
Alberto SANCHEZ ZAPATA	Kinésithérapeute

DTN	
Christian ROUDAUT	DTN

## Modalités de déplacement

Départ le 22/06 Retour le 02/07

Départ INSEP : 9H45 en Mini Bus

RDV Aéroport CDG : 10H30

22/06/2023	Easyjet	CDG-KRK	EJU4667	12:55	15:10
02/07/2023	Easyjet	KRK-CDG	EJU4668	08:50	11:05

**BAGAGES AUTORISÉS** : Information à venir

## HEBERGEMENT : Adresse localisation

### AGH KRAKOW - ATHLETES VILLAGE

ul. Budryka 5, 30-072 Kraków, dans le bâtiment DS 11. L.

Les personnes accréditées ATO logeront au Hyatt Place Hotel (3 Maja 47a, 30-062 Krakow).



## COMPETITION:

## Equipement

- Dotation Le Coq Sportif sur les temps identifiés de représentation :
  - Voyage
  - Vie au village/hébergement
  - Cérémonie d'ouverture/clôture
  - Podium
  - Conférence de presse

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## Programme de la compétition

### Venue

**AWF Sport Center:** swimming pool (25 m), riding arena, fencing hall, a stadium with laser shooting range. All facilities within 150 m.

- o distance (km) from the Athletes' village: about 10 km/30' by bus
- o venue capacity: Swimming pool – 330, Stadium – 1000, Fencing Hall – 400, Parkour – 1000 m

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**Riding area:** Parcours for competition – 45m/45m, two warm-up fields, sand surface

Distance from Transition Zone to FoP : 250 m

**Swimming pool:** 25 indoor pools/ 8 lines

Distance from Transition Zone to FoP : 80 m

**Fencing:** 10 pistes indoor for Ranking Round /1 outdoor for Bonus Round

Distance from Transition Zone to FoP : 100 m

**Laser-Run area:** a stadium with 38 shooting range with precision laser targets (APEOM). Grass and tartan surface.

Distance from Transition Zone to FoP : 80 m

### Appendix 2. Training Schedule

Date	Swimming Pool	Fencing Hall	Laser-Run	Remarks
23 June 2023	10.00-12.00	10.00-12.00	10.00-12.00	
	16.00-18.00	16.00-18.00	16.00-18.00	
24 June 2023	10.00-12.00	10.00-12.00	10.00-12.00	
	16.00-18.00	16.00-18.00	16.00-18.00	
25 June 2023	16.00-18.00		9.00-11.00	
26 June 2023	16.00-18.00		9.00-11.00	
27 June 2023	16.00-18.00		16.00-18.00	
28 June 2023	16.00-18.00		16.00-18.00	
29 June 2023				
30 June 2023	10.00-12.00		10.00-12.00	

Date	Time	Duration	Event name	Sports Discipline
Sunday, 25 June 2023	Women's Qualification (3 groups)		Competition Day 1	
	9:00-16:00	7:00	Group A/Women	Fencing, Swimming, LaserRun
	9:30-17:00	7:30	Group B/Women	Swimming, Fencing, LaserRun
	11:00-18:00	7:00	Group C/Women	Swimming, Fencing, LaserRun
Monday, 26 June 2023	Men's Qualification (3 groups) Woman's semi-final fencing RR		Competition Day 2	
	9:00-16:00	7:00	Group A/Men	Fencing, Swimming, LaserRun
	9:30-17:00	7:30	Group B/Men	Swimming, Fencing, LaserRun
	11:00-18:00	7:00	Group C/Men	Swimming, Fencing, LaserRun
	<b>16:30-19:00</b>	<b>2:30</b>	<b>Fencing Ranking Round</b>	<b>For Women's semi-final</b>
Tuesday, 27 June 2023	Women's semi-finals Men's semi-finals fencing RR		Competition Day 3	
	10:00-11:30	1:30	Semi-final A/Women	Fencing, Swimming, LaserRun
	13:00-14:30	1:30	Semi-final B/Women	Fencing, Swimming, LaserRun
	<b>16:30-19:00</b>	<b>2:30</b>	<b>Fencing Ranking Round</b>	<b>For Men's semi-final</b>

Wednesday, 28 June 2023	Men's semi-final		Competition Day 4	
	10:00-11:30	1:30	Semi-final A/Men	Fencing, Swimming, LaserRun
	13:00-14:30	1:30	Semi-final B/Men	Fencing, Swimming, LaserRun
Thursday, 29 June 2023	Mixed Relay (18 teams)		Competition Day 5	
	9:30-11:30	2:00	Fencing Ranking Round	Mixed Relay
	13:00-16:30	3:30	Final	Riding, Swimming, Fencing, LaseRun
	16:40-17:00	00:20	Medal Ceremony	Mixed Relay (1)
Friday, 30 June 2023	Free Day		Competition Day 6	
Saturday, 1 July 2023	Women's and Men's Finals		Competition Day 7	
	12:00-14:05	02:05	Final/Women	Riding, Swimming, Fencing, LaseRun
	15:25-17:30	02:05	Final/Men	Riding, Swimming, Fencing, LaseRun
	17:45-18:15	00:30	Medal Ceremony	Individual, Team (4)