



FEPM
FEDERACIÓN ESPAÑOLA
PENTATLÓN MODERNO

Federación Española de Pentatlón Moderno
www.pentatlón.info



Federació Catalana de Pentatló Modern
www.fcpenatló.cat

EUROPEAN CHAMPIONSHIPS FOR BIATHLE&TRIATHLE AND LASER RUN Castelldefels 22/26 Setember 2021

Dear friends,

Modern Pentathlon Federation of Catalonia with the support of Spanish Modern Pentathlon Federation has the pleasure to invite a Delegation of your country to participate in the above mentioned competition that will be held in Castelldefels (BCN) from 22nd to 26th Setember 2021, according to the following **provisional programme**:

20/21 Setember	Arrival of Delegations – Registration Procedures
22 Setember	TRIATHLE Competition (Individual) Qualification heats and Finals
23 Setember	LASER RUN – TRIATHLE Competition (mixed Relay) Qualification heats and Finals
24 Setember	LASER RUN Competition (individual) Qualification heats and Finals
25 Setember	BIATHLE Competition (Individual and mixed Relay) Qualification heats and Finals
26 Setember	BIATHLE Competition (Individual) Qualification heats and Finals
27 Setember	Departure of Delegations

REGISTRATION

Delegations are allowed to enter with unlimited number of athletes.
If you team are interesting in participated and need lodge, please confirm ASAP to the LOC for not having problems withs Hotels.

1. Please complete the PRELIMINARY Form (A) and return it to us by email until 15 juny 2021
2. Packages offered by LOC are on first come first serve basis and can only be guaranteed until Juny, 30 2021, with deposit payment (30%)
3. Please, complete FINAL Form (B) and return it to us by email until July 30, 2021

COMPETITION RULES

The Competition will be carried out according to the UIPM Biathle & Triathle & Laser Run rules.

Amb el suport.



Generalitat
de Catalunya



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Swimming Lake
Laser Run Asphalt and pavement surface (38+2 reserve lanes with precision laser targets)

COMPETITION FORMS

Form of Competition in each category and gender

There will be separate classifications in **Biathle Event**:

European Championships Competition (Individual / Team and Mix Relay)

1. Individual

Gold, Silver and Bronze medals will be given in each individual category and gender. The fastest time will be declared the winner.

2. Team (3 members same age group and gender)

Gold, Silver and Bronze medals will be given in each category and gender by adding the best 3 cronos of each nation selecting only athletes competing in the Finals.

Medals will only be presented with minimum 3 nations.

3. Mix Relay (1 Male + 1 Female same age group)

Gold, Silver and Bronze medals will be given in each category. The fastest time will be declared the winner.

Medals will only be presented with minimum 3 nations.

There will be separate classifications in **Triathle Event**:

European Championships Competition (Individual / Team and Mix Relay)

1. Individual

Gold, Silver and Bronze medals will be given in each individual category and gender. The fastest time will be declared the winner.

2. Team (3 members same age group and gender)

Gold, Silver and Bronze medals will be given in each category and gender by adding the best 3 cronos of each nation selecting only athletes competing in the Finals. **Medals will only be presented with minimum 3 nations.**

3. Mix Relay (1 Male + 1 Female same agegroup)

Gold, Silver and Bronze medals will be given in each category. The fastest time will be declared the winner.

Medals will only be presented with minimum 3 nations.

There will be separate classifications in **Laser Run**:

European Championships Competition (Individual / Team and Mix Relay)

1. Individual

Gold, Silver and Bronze medals will be given in each individual category and gender. The fastest time will be declared the winner.

2. Team (3 members same agegroup and gender)

Gold, Silver and Bronze medals will be given in each category and gender by adding the best 3 cronos of each nation selecting only athletes competing in the Finals. **Medals will only be presented with minimum 3 nations.**



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3. Mix Relay (1 Male + 1 Female same agegroup)

Gold, Silver and Bronze medals will be given in each category. The fastest time will be declared the winner.

Medals will only be presented with minimum 3 nations.

COMPETITION LOCATION

<http://www.canalolimpic.cat>

The **Canal Olímpic de Catalunya** is a canal located in Castelldefels, Catalonia, Spain. Constructed in 1991, it hosted the canoe sprint events for the 1992 Summer Olympics.

PISTOLS/TARGETS

APEOM Laser Targets precision is provided by LOC therefore the athletes are required to bring their own laser pistols.

COMPETITION CLOTHING

Athletes should wear a swimsuit or tight-fitting one-piece body suit capable of being worn for each segment of the competition. Due to the format of the races, athletes are required to compete wearing clothes that are tight fitting, yet comfortable during the action. Women should wear one or two pieces of clothing suitable for 3 the entire race (swim suit or sports bra). We ask that male competitors wear a tight fitting shirt "bolero" (Lycra t-shirt) to be worn along the sports action.

ENTRY FEES

Athletes and coaches Entry Fees (Deadline 30 August with Final Entry)

- Biathle or Triathle or Laser Run EACH	30,00 Eur	Mix Relay (B/T) (per team)	30,00 Eur
- Two events (Biathle/Triathle/LR)	50,00 Eur		
- Three events (Biathle/Triathle/LR)	75,00 Eur		

Very important: Late Entry Fees- Per person, until Setember 15th 2021 + 10 Eur to upper conditions

Additional Fees for friends/Guests/Family Members on site at the place of competition we take 25 Eur for the ticket.

ACCOMODATION INFORMATION AND TRANSPORT

The LOC are working in provides you a special prize in a list of Hotels that will be sended the next week.

ENTRY FORMS

Deadlines for the Entry Forms are as follows,

Form A (preliminary): Entry form must return before **Juny 30, 2021**

Form B (FINAL): RETURN BEFORE **July 30, 2021**

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We would appreciate early confirmation of your intention to participate or not and submit this ASAP.

INSURANCE

All members of the attending Delegations must insure themselves in case of accidental injury or illness. The organiser will not accept any responsibility financial or otherwise for loss, injury or illness of any Delegation member.

VISAS AND VACCINATIONS:

Important information, please read it!

Some nations in the world require a visa to visit Spain

Visiting nations should confirm visa and vaccination requirements for entry into Spain prior travelling to the event. The LOC cannot accept responsibility for arranging visas but can provide specific letters of invitation if needed. For information if you need a visa or vaccinations please access:

<http://www.maec.es/en/MenuPoal/Consulares/ServiciosConsulares/InformacionaExtranjeros/Paginas/Nacionalidad.aspx>.

OTHER INFO

If any TEAM needs or wants transport from the PRAT airport to the official hotel and the return journey please contact with LOC to confirm details and prize. For other arrival's and departure's different a Prat Airport, please contact with the LOC, too.

COVID

The LOC is committed to take all preventive measures against COVID-19 infection during the competition time, following all recommendations from both the local governments and the UIPM available at: (<https://www.uipmworld.org/covid-19-information>).

Information on the Covid-19 tests needed to enter Spain and arrangements for participating in the competition will be provided later, according to the most recent national health authorities requirements. Please follow the actual Covid-19 situation and requirements on the official website: <http://www.exteriores.gob.es/Consulados/LONDRES/es/COVID19-UK/Paginas/Requisitos-de-entrada-en-Espana.aspx> available in English. Please, take special attention at. The end of this section gives you a current overview of areas and/or countries from where travelers need to present a negative COVID-19 PCR test (conducted less than 72h previously) when entering Spain.

OFFICIAL ADDRESS

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Amb el suport.





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BANK DETAILS

Send 30% deposit to:	Account Name:	Federació Catalana de Pentatló Modern
	Account Number:	2100 3394 64 2200034547
	IBAN:	ES4121003394642200034547
	Bank Name:	LA CAIXA
	Address:	Office 00117 C. NORD, 22 08830 SANT BOI DE LLOBREGAT
	Swift Code:	CAIXESBBXXX

Best regards,

Looking forwards to welcome your delegation another year in Barcelona.

Susana Martínez

Susana Martínez Martínez
President
Federació Catalana de Pentatló Modern

P. Perez

Pedro Pérez Muñoz
Competition's Director

Amb el suport.



Generalitat
de Catalunya

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UNIO DE FEDERACIONS
ESPORTIVES DE CATALUNYA

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